

Sons of Norway Individual Support Hours Worksheet 2014

Track the amount of time you spend working on Sons of Norway business and activities outside of a group setting. This form is kept and maintained by each member of Sons of Norway and submitted to the lodge secretary.

Fraternal – Some examples of Fraternal activities are: working on the lodge website or newsletter, preparing a speech for a lodge meeting, typing up meeting minutes, and shopping for treats for the upcoming lodge meeting. Anything you do by yourself which supports your lodge and fellow members.

Community – Some examples of Community activities are: Cutting stamps for Tubfrim, volunteering by yourself at a local school as part of your lodge’s Adopt a School program, or knitting hats for cancer patients on your own as part of a lodge organized charity group. Anything you do by yourself which has been organized by your lodge and supports the people outside the lodge.

Include any travel time associated with these activities in the time you record for them.

Do not record the time you spend at lodge meetings, celebrations or any other group event.

For each activity, write down the date (if available), a description of the activity and the length of time you spent on the activity.

Fraternal Individual Support Hours		
Date	Name/Description	Hours

Community Individual Support Hours		
Date	Name/Description	Hours

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